

Anxiety Module

This module will provide delegates with an understanding of what we mean by anxiety, how it appears in autistic pupils, what the key triggers are and what delegates can do to support autistic pupils and prevent and reduce anxiety.

Who is this training for?

This session is suitable for practitioners working with autistic children in mainstream or specialist schools. This may include:

- Teachers
- Teaching assistants
- SENCOs
- Any practitioner needing to map the progress pupils

What will you learn?

The training will support delegates to understand:

- How autistic pupils might express anxiety
- What can cause anxiety in autistic pupils
- What you can do to prevent and reduce anxiety in autistic pupils



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leading autism
specialists**



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